

## **Water to Make Me Well**

by J.V. Sumpter

Skinny-dip in the nightwaters.  
Submerge yourself completely.  
Can you feel yourself heal?

The future reflects  
off the convex mirror  
of the past. Remember:

you've already passed through these waters;  
you were drowning  
in reverse.

Leave a note telling your mother  
you're going out for a swim. Tonight  
you will be born.