

## **I hope this finds you well**

by Kerry Jo Bell

It's been a while  
Since I was a child  
Who wanted her mother's touch  
The magnitude of how much  
I craved your affection and approval  
Overwhelms me now

We've been estranged  
Ever since I moved to a strange land  
And only I know that it was to get away from you  
But life is a good teacher  
It taught me the things you didn't as a mother  
And so I've learnt forgiveness  
All on my own  
And I've shown maturity  
Through your abuse and excuses

My hope for you is that you find it too  
That spark of light that's dying to push through  
Your dark tunnel  
Either way, I hope this finds you well